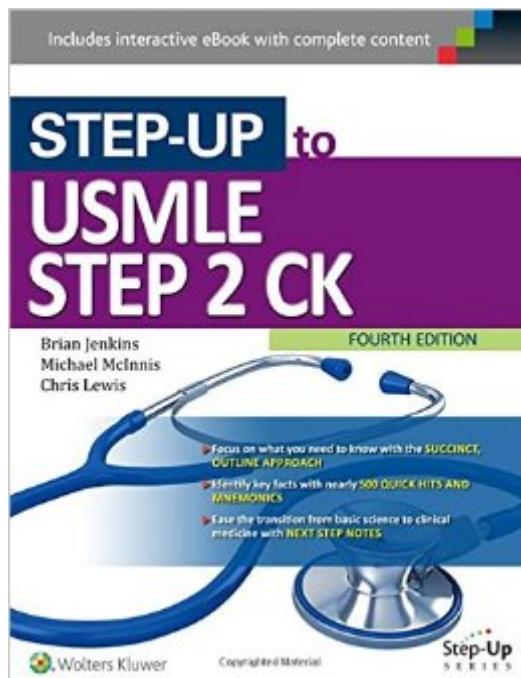


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# Step-Up To USMLE Step 2 CK



## Synopsis

Now thoroughly updated and revised, the Fourth Edition of Step-Up to USMLE Step 2 CK provides a high-yield, systems-based review â “ ideal for preparing for the end-of-rotation NBME shelf exam and studying for the USMLE Step 2 CK. Full-color illustrations and â œQuick Hitsâ • provide essential information in an efficient, easy-to-remember manner, which makes this ideal for students in medical, physician assistant, and nurse practitioner programs.Â Step-Up to USMLE Step 2 CK, Fourth Edition delivers exactly what you need to know in order to be test-ready and ace key exams.Â Completely revised and updated content reflects the current USMLE examSuccinct, outline approach keeps â œextraâ • material to a minimum, focusing on the core content you need to knowâ œQuick Hitsâ • in the margins highlight highly testable topicsEasy-to-remember mnemonics help you â œfile awayâ • clinical information for handy retrieval at test timeâ œNext Stepsâ • margin notes guide you through the workup of a patient with practical tips to successEasy-to-follow algorithms show examples of effective clinical reasoning, particularly for similar complaintsIncludes must-know information on causes, risk factors, history and physical exam, lab studies and radiology, treatment, and complications for the most common diseases and disorders300 USMLE-style questions, included with the eBook, feature complete explanations to help you gain confidence for the exam.

## Book Information

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Average Customer Review: 3.8 out of 5 starsÂ Â See all reviewsÂ (18 customer reviews)

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## Customer Reviews

Great book!! Much better than Master The Boards. This book has a lot of color -- color pictures and

color coded sections. It's great for individual clinical rotations. The subject content is only actually 311 pages and it's less than an inch thick. It is a good guide to study with as it hits on the important clinical diseases/scenarios and things to know for each rotation. For example, for Obstetrics, it goes in to detail about gestational diabetes, eclampsia, preeclampsia, normal changes during pregnancy, labor and abnormalities during labor -- it isn't detail overkill but it's thorough in the topics that it does covers in each section. Its subjects/sections are listed as the following:

Cardiovascular Disorders  
Pulmonary Disorders  
Gastrointestinal Disorders  
Genitourinary Disorders  
Endocrine Disorders  
Hematology and Oncology  
Selected Topics in Emergency Medicine, Critical Care, and Surgery  
Neurologic Disorders  
Musculoskeletal Disorders  
Dermatology  
Gynecologic and Breast Disorders  
Obstetrics  
Pediatrics  
Psychiatric Disorders  
Epidemiology and Ethics  
Although I would like more space in the margins and at the bottom to take notes, and I would prefer paper more like that in First Aid for the USMLE Step 1 in 2012, 2013 and 2014 which tend to smear liquid pen ink much less frequently than the paper in this book does -- I am still very pleased with this book and would definitely recommend it if you're going to do clinical rotations and/or take Step 2. \*\*\*UPDATE -- Had to remove 1 star for the number of things missing from just the two chapters of this book that I've studied thus far. The following topics do NOT have entries in this book: (I will update this list as I come across them)

**GYNECOLOGIC & BREAST DISORDERS** -- Adenomyosis, Pelvic Organ Prolapse (cystocele, rectocele, enterocele), Urinary incontinence, Vaginal Cancer, Vulvar cancer, Lichen Sclerosis, Gynecomastia, Phyllodes tumor, Atypical hyperplasia of the breast, Hidradenitis suppurativa, Bartholin duct cysts & abscesses, Asherman Syndrome, Pediatric vaginal discharge, No information on GYN procedures - pap smear, D&C, Hysterosalpingogram,

**OBSTETRICS** -- Obstetric analgesia & anesthesia, Vasa previa, Placenta accreta/increta/percreta, Hyperemesis gravidarum (mentioned only in a 'Quick Hit'), Macrosomia, Shoulder dystocia, Uterine atony, Sheehan Syndrome (Postpartum pituitary necrosis), Postpartum infections, Postpartum endometritis, Infertility, Breastfeeding, No explanation or graphic showing what the fetal station means

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Heres the deal. I am a medical student going in to my 4th year soon, and naturally, I am vigorously studying for STEP 2 CK. I initially used Doctors in Training for the step 1 and did very well. I am not sure whether I did well because of DIT or because I did extremely well during my first two years of school. However, why I am telling you this is because I decided that DIT had been a huge part of my success so I decided to purchase DIT for the STEP 2 CK as well (they had a deal going on and

impulsive me bought it). Now lets fast forward. I am 2-3 weeks away from STEP 2 CK test and I am using DIT and the book they recommended, STEP UP TO USLME STEP 2 CK. I am super disappointed in this book for the following reasons:-This book literally leaves out nearly half of more than half of important information across all specialties (I ended up referring to my FIRST AID STEP 2 CK too many times).-Not only what I said above, but there is not enough room in the book margins to write in information (info from Uworld, first aid, etc)-This book is literally a script of what they say on the DIT videos. If you want to save 800 dollars, just buy this book instead of the DIT program.-Poorly organized. they attempted to organize it in a 3rd year rotation style way and they did to some success. However, the portion of unsuccess that I want to bring up to you guys is enough for me to write this review. I found myself looking at the index for many many topics that either were in a non-related section, OR NOT EVEN IN THE BOOK.bottom line, I was very disappointed. I would have returned this book instantly if I was not trying too stay optimistic.

Doesn't have enough detail to be your only source but after adding notes from UWorld, OnlineMedEd and Combank this book was perfect. Use it as a guide to your studies and fill in the missing info. Plenty of room in the margins for notes. Highly recommended!

Love this book. I got it before my 3rd year rotations began and haven't really begun to write in it much because I've only had Psych and Family Med so far but I've been referencing it quite a lot for things I can't seem to remember from Step 1. I was really on the fringe when deciding amongst the First Aid and Step-Up for Step 2 CK... I really like the layout in this book better, it seems more user friendly.

HORRIBLE book. If you want to pass Step2, this book is fine. If you want to actually do well on it, this book is not for you. Entirely too basic and doesn't cover topics in depth enough. For example, they will say you need to treat otitis externa with antibiotics. Well I think the hobo off the street knows that, but WHICH antibiotic? UWorld is definitely the best source, but if you want to have a useful book, get either Step up to Medicine (which is really dense) or Master the Boards (which is what I would recommend), then get USMLE Secrets to flip through as a quick review. Your most valuable resources right now are 2 things: money and time. This book will ABSOLUTELY waste both. You will hear people say "oh its so concise" or "oh its such a quick read", well that's because it has no real content. You will read it and realize you haven't actually learned anything. Just think about it, when you become a resident, are you going to say "yea, just give them some antibiotics,

any of them will do" or are you going to say "give them cipro because I'm worried this is pseudomonas". Don't waste your money on this.

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